

# Wellness Schools

## Be A Wellness Champion!

### Summer Symposium

8 am-3:30 pm

Thursday, June 16, 2016

at the CCAC Allegheny Campus



AMERICAN  
HEALTHCARE  
  
Group, LLC

Call 412-563-8800

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# Speaker Schedule

**8 am Registration and Coffee with Vendors**

**8:40 - 8:45 am**

**Introductions from American HealthCare Group, Liz Kanche**

**8:45 - 9:15 am**

**Come Home to Health: The AAA approach to creating a healthy  
selfie; Accessible, Affordable, Actionable**

*Heather Mangieri, MS, RDN, CSSD, LDN*

**9:15 - 9:45 am**

**Breakfast Basics: Increase School Breakfast Participation to  
Support Children's Health and Education**

*Erika Fricke, Health Policy Director & Chris West, Greater Pittsburgh  
Community Food Bank*

**9:45 -10:15 am**

**Increasing Access to Dental Care in Children**

*Giselle C. Thelemaque, RDH, MED, CHES, Community Outreach Director*

**10:15 -10:45 am Break with vendors**

**10:45 - 11:30 am**

**Taking Care of You: Finding the Calm in the Chaos**

*Deanna Leyh, MSCP and Emily Anderson, LSW*

**11:30 am - 12 pm**

**Practice What you Preach! Growing a Nest Egg for You & Your  
Students**

*Doug Hassenbein, PA Department of Banking and Securities*

# Speaker Schedule

**12 - 1 pm Lunch & Break with Vendors AVI**

**1 - 1:10 pm**

**Farm to Table Pittsburgh: Little Locavores Programs**

*Erin Hart*

**1:10 to 1:45 pm**

**Food, Kids, and Cooking**

*Chef Bill Fuller*

**1:45 - 2:30 pm**

**Health & Attendance Go Hand-in-Hand: How increasing health and wellness activities can positively change educational outcomes**

*Shauna McMillan*

**2:30 - 3:15 pm**

**Wellness Grants Panel Discussion: How to get money to pay for Wellness in Your Schools**

*Suzanne Volpe, Grants to Reduce Underage and Dangerous Drinking in Pennsylvania*

*Erin Saltmarsh, Let's Move Pittsburgh Program Director*

*Giselle C. Thelemaque, RDH, MED, CHES, Community Outreach Director, Increasing Access to Dental Care in Children*

**3:15 - 3:20 pm**

**Wellness Champions: What Worked for Us**

**Visit Us Online: [AmericanHealthCare.net](http://AmericanHealthCare.net)**



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Wellness4School](https://www.pinterest.com/Wellness4School)



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AmericanHealthCareGroup](https://www.facebook.com/AmericanHealthCareGroup)

# Wellness Schools

## Today's Exhibitors

### **Accessible Home Products**

jimpillarahp@gmail.com

### **American HealthCare Group**

LHKanche@American-HealthCare.net

SSTeranka@American-HealthCare.net

### **CCAC Allegheny Campus**

### **Clarion Psychiatric Centre**

susan.labruzzo@uhsinc.com

### **Consumer Health Coalition**

lbachurski@consumerhealthcoalition.org

### **Familylinks Caregivers First Initiative**

levans@familylinks.org

### **Farm to Table Pittsburgh**

EHart@American-HealthCare.net

### **Gateway Rehab**

holly.livingston@gatewayrehab.org

### **Grow Pittsburgh**

meg@GrowPittsburgh.org

### **Healthy Schools PA**

Chelsea@

WomenForAHealthyEnvironment.org

### **PA Dept of Banking and Securities**

dhassenbei@pa.gov

### **Pathways to SmartCare**

LHKanche@American-HealthCare.net

### **Pyramid Healthcare, Inc.**

jmorgano@pyramidhc.com

### **Smile Pennsylvania**

Gthelemaque@mobiledentists.com

### **Sunnybridge Natural Foods**

wellness@sunnybridgenaturalfoods.com

### **The Foundation for Wellness**

### **Professionals**

sfisher@wellnessprofessionals.us

### **UPMC Centers for Rehab Services**

BeislerML@upmc.edu

### **ViVi jewelry**

dmm751@gmail.com

### **Weighted Blankets**

mariettajanet@gmail.com

### **Nail'd It Pittsburgh**

alyperrone@gmail.com



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