



RESOURCE FAIR
3RD BI-ANNUAL

TUESDAY, OCTOBER 2, 2012

8:00AM - 2:00PM

AT THE

DAVID L. LAWRENCE CONVENTION CENTER

Medical Assistance consumers
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CoventryCares

from

HealthAmerica

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mycoventrycares.com



COVENTRYCARES™
from HealthAmerica

WELCOME

Thank you for attending the 3rd Bi-annual Where to Turn Resource Fair. We are looking forward to a great day of networking and resource sharing!

Visit us online and follow us on Facebook to share resources throughout the year: www.American-HealthCare.net

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THANK YOU!
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- Stress Management
- Fitness

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SPEAKER SCHEDULE

8:30 am Health Care Entitlement Programs

Erin Hart - Director, Health Benefit Services, American HealthCare Group

9:30 AM Navigating Health Care

Jeff Weinberg - President, Senior Assistance

10:00 am Closing the Hunger Gap

Chris West - Regional Coordinator, Southwestern Pennsylvania Food Security Partnership

11:00 am Community Resources

Bob Bechtold - Boys & Girls Club Program, Sarah Heinz House

11:30 am Veteran's Aid and Attendance - Benefits for Wartime Veteran's and their dependents

Nancy Rupert - Elder Advice Network

12:00 pm Lydia Collins

Consumer Health Coordinator, National Network of Libraries of Medicine

11:30 am & 12:30pm Lunch Break Speaker

Coventry Cares

1:00 pm Julie Wahlenmayer

Glade Run Adventures, Vocational Training in Residential Treatment

WELLNESS LOUNGE

9:30 am All about Massage

The Importance of Massage for Self Care, Scott Korb, LMT

10:15 am Holistic Homes - Keeping your Home Healthy

Ann Dunham

11:00 am Meditation made easy - 3 simple steps
to reduce stress & prevent disease

Dorit Brauer

12:00pm Essential Oils

Dana Phillips Greenwald

1:00pm Fitness Demonstration

Ivan White

All Day Programs

Enjoy these programs throughout the day:

Massage Therapy

Spa Services - BeautiControl

Spa Services - Pat Benkoski

EAT HEALTHY -ALL YEAR 'ROUND-



FOCUS ON EATING SEASONALLY

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- + LOCAL FOOD LUNCH & LEARNS
- + ON-SITE COOKING DEMOS
- + GROUP RATES FOR CONFERENCE

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GET MORE INFORMATION

Phone: 412-563-8800 | www.FarmToTablePA.com

EXHIBITOR DIRECTORY

A+ Stairlifts of Pittsburgh

Accessible Dreams

Aging Institute

Allegheny County Dept of
Human Services

Allegheny County Health
Department WIC

Allegheny County Housing
Authority

American HealthCare Group

American Laser SkinCare

American Red Cross- Lifeline
Program

Automated Security Alert

Baldwin Health Center

By Your Side Health
Advocates, Ltd

Cedars

Center for Hearing & Deaf
Services

City Mission

Community Care Behavioral
Health

Community Life

Compassionate Care Hospice
of Pittsburgh

Consumer Health Coalition

Council of Three Rivers
American Indian Center

Coventry Cares from Health
America

East End Food Coop

ElderCare Resources
Pittsburgh

Epilepsy Foundation

Family Links

Family Resources

Farm to Table Pittsburgh

Gateway Rehab

Glade Run Lutheran Services

Greater Pittsburgh
Community Food Bank

EXHIBITOR DIRECTORY

Gutter Helmet Systems	Notary in Your Neighborhood
Health South	PA CareerLink Downtown Pittsburgh
Highland Center- Genesis HealthCare	Passavant Memorial Homes Family of Services
Highmark Caring Place	Pennsylvania Department of Banking & Securities
Hill House Association Young Fathers Program	Pittsburgh Public Market
Home Instead Senior Care	Primary Care Health Services
Hometown Pharmacy	ResCare Home Care
Interim Healthcare	re:solve Crisis Network
Life Pittsburgh	Revel Pittsburgh
Liken Home Care	Right at Home
Make-A-Wish Greater PA & Southern WV	Riverset Credit Union
Medical Assistance Transportation System	Ruth's Way, Inc.
National Network of Libraries of Medicine	Sarah Heinz House
NDC Real Estate Management	Sherwin Williams
North Hills Psychological Associates, INC.	Southwestern Group, LTD.
	Star Partners

EXHIBITOR DIRECTORY

Southwestern PA Food Security Partnership

Southwestern Pennsylvania Commission's Commute Info Program

Sunny Days In Home Care

The Brain Recovery Crew

The Scooter Store

United HealthCare

UPMC Centers for Rehab Services

Western PA Guide to Good Health

Woodhaven Care Center

MORE INFORMATION

Visit us online for links to exhibitor websites and our Facebook page. Connect with us on Facebook for more interaction after the show is over!

www.American-HealthCare.net



**Aging isn't easy.
Caregiving doesn't need to be hard.**

If a loved one is getting older and needs care, Right at Home offers services for almost any situation. Our in-home care lets loved ones enjoy life in the comfort of a familiar environment. And it lets you concentrate on caring instead of caregiving. We offer almost anything your loved one could need, including homemaking, wellness and hygiene services. We can also provide Alzheimer's care. Give us a call and let us develop a Custom Care Plan for your loved one today.

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Medicare 101 Speaker

Get all of the facts from our Medicare benefits expert.
Help guide your group through these topics:

- ◆ Medicare basics
- ◆ Prescription drug coverage
- ◆ Supplemental coverages
- ◆ Help for seniors with low income

The presentation typically ends with a thorough Question & Answer session.

Contact Erin Hart to learn more

412-657-3028 or ehart@american-healthcare.net

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