



## RESOURCE FAIR

**WELCOME!**

EXHIBITOR FAIR & LECTURE SERIES

**TUESDAY, OCTOBER 8, 2013**

- AT THE DAVID L. LAWRENCE CONVENTION CENTER -



AMERICAN  
HEALTHCARE

Group, Inc.

## Medicare 101 Speaker

Get all of the facts from our Medicare benefits expert.  
Help guide your group through these topics:

- ◆ Medicare basics
- ◆ Prescription drug coverage
- ◆ Supplemental coverages
- ◆ Help for seniors with low income

The presentation typically ends with a thorough Question & Answer session.

**Contact Erin Hart to learn more**  
412-657-3028 or [ehart@american-healthcare.net](mailto:ehart@american-healthcare.net)



*Proud Sponsor of the*

**Where to Turn Resource Fair**

## WELCOME TO OUR BI-ANNUAL EVENT!

The Where to Turn Resource Fair brings together social service professionals who work with families, seniors and community organizations. We convene twice per year in May and October. You will meet new people, but will also see a lot of familiar faces. Pittsburgh is definitely a city of bridges – everyone is connected.

American HealthCare Group provides health & wellness programming throughout Western Pennsylvania. Our clients include school districts, senior buildings, corporations, non-profits and community groups. Through our work we've met an incredible network of health & wellness vendors who can provide services to your patients/clients/customers in their time of need. You will meet them in the Resource Fair –when you need assistance they will be top-of-mind.

The speakers address topics such as housing, nutrition, legal implications and health care services. Wellness is contagious, pass it on!

## THANK YOU TO OUR SPONSORS:

**Burns White**

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**Pathways To  
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# SPEAKER SCHEDULE

8:00 AM – 12:30 PM

***Register & Visit Exhibitors***

9:00 – 9:30 AM

***Affordable Care Act: The Basics***  
Erin Hart, American HealthCare Group

9:30 – 10:00 AM

***Fostering Entrepreneurialism***  
Tiffani Emig & Leeretta Payne,  
Pittsburgh Public Market & The General Store

10:45 – 11:00 AM

***Affordable Care Act: Implications for Individuals  
& Entitlement Programs***  
Robert E. Hagan, Hagan Accounting Group

11:00 – 11:45 AM

***Medicare Basics & Behavioral Health Coverage***  
Kristin Champlain, MPH, MSW, Behavioral Health  
Connection, an APPRISE program

**KEEP THE CONVERSATION GOING!**

Join us online after the show to share resources and network.

Facebook: <http://on.fb.me/10ZlucV>

Wellness Blog: [PathwaysWellnessProgram.com/blog](http://PathwaysWellnessProgram.com/blog)



A photograph of the Burns White building at night. The building is a multi-story brick structure with many windows, some of which are illuminated from within. The name "Burns White" is displayed in large, glowing white letters on the top of the building. In the foreground, a suspension bridge with a prominent steel tower and cables is visible, crossing over a river. The scene is lit with warm, golden light, suggesting dusk or dawn. The sky is a pale, hazy blue.

Burns White

Looking for exceptional  
legal advice?

*You can cross this bridge  
when you get to it.*

Right over the Allegheny River, you'll find Burns White, a full-service law firm offering counsel in many areas, including commercial and banking litigation, business practices, and estate planning and administration. Find out how we can help you. Call us at 412-995-3000 or visit [burnswhite.com](http://burnswhite.com).

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## WELLNESS RESOURCES

9:30 – 10:00 AM

### ***Celebrate Yourself***

Melody Firmani, The Little Lady with a lot of Energy

10:00 – 10:45 AM

### ***Women's Health Issues***

Andrea Shafran, MPT, CLT-LANA,  
UPMC Centers for Rehab Services

10:45 – 11:05 AM

### ***The Benefits of Drinking Raw Juice***

Sherry Quinn, Good Life Juices

11:15 – 11:35 AM

### ***Laughing for Relaxation is NO Joke***

David M. Russell, M.Ed., Compassionate Laughter



Pathways To  
**smartcare**

THE WELLNESS LOUNGE  
IS SPONSORED BY  
PATHWAYS TO SMARTCARE

# EXHIBITOR DIRECTORY

**Acquired Brain Injury  
Network of Pennsylvania**  
Lansdale, PA 19446-6082  
215-699-2139

**Allegheny County Dept. of  
Human Services**  
Pittsburgh, PA 15222  
412-350-3428

**Allegheny Health &  
Physical Medical**  
Brackenridge, PA 15014  
724-261-1468

**American HealthCare Group**  
Pittsburgh, PA 15220  
412-563-8800

**American Laser Skincare**  
Farmington Hills, MI 48335  
248-426-8250

**Automated Security Alert**  
Munhall, PA 15120  
800-338-7114

**Behavioral Health  
Connection,  
an APRISE Program**  
Harrisburg, PA 17104  
866-588-0223 x 115

**Burns White LLC**  
Pittsburgh, PA 15212  
412-995-3119

**Celebrate CareGivers**  
Murrysville, PA 15668  
724-212-5015

**Clarion Psychiatric Center**  
Clarion, PA 16214  
814-671-5179

**Columbia Gas**  
Canonsburg, PA 15317  
800-460-4332

**ComForcare Senior Services**  
Bloomfield, MI 48302  
412-521-4700

**Community College of  
Allegheny County**  
Pittsburgh, PA 15212  
412-237-2723

**Community Life**  
Pittsburgh, PA 15221  
412-436-1338

**Community Living & Support  
Services (CLASS)**  
Pittsburgh, PA 15218  
412-683-7100

**Compassionate Care Hospice of  
Pittsburgh**  
Pittsburgh, PA 15235  
412-241-8240

**Compassionate Laughter**  
412-271-7660

**Congregate Management  
Services, Inc.**  
Pittsburgh, PA 15212  
412-231-3621



# EXHIBITOR DIRECTORY

## **Consumer Health Coalition**

Pittsburgh, PA 15212  
412-456-1877

## **Council of Three Rivers American Indian Center**

Dorseyville, PA 15238  
412-782-4457

## **Coventry Cares from Health America**

Pittsburgh, PA 15222  
412-559-2344

## **Duquesne University Psychiatric Clinic**

Pittsburgh, PA  
15282

## **Epilepsy Foundation**

Pittsburgh, PA 15233  
412-322-5880

## **Equitable Gas**

Pittsburgh, PA 15212  
800-654-6335

## **Farm to Table Pittsburgh**

Pittsburgh, PA 15220  
412-657-3028

## **Golden Living**

Canonsburg, PA 15317  
724-746-1300

## **Gateway Health Plan**

Pittsburgh, PA 15222  
412-918-8757

## **Gateway Rehab**

Pittsburgh, PA 15108  
412-604-8900

## **Greater Pittsburgh Community Food Bank**

Duquesne, PA 15025  
412-460-3663

## **Green Mountain Energy**

Pittsburgh, PA  
800-286-5856

## **Gutter Helmet Systems**

Pittsburgh, PA 15239  
724-733-2800

## **HealthSouth**

Pittsburgh, PA 15238  
412-952-8454

## **Highmark Caring Place**

Warrendale, PA 15086  
412-544-6337

## **Hill House Association: Young Fathers Program**

Pittsburgh, PA 15219  
412-697-4681

## **Home Instead Senior Care**

Pittsburgh, PA 15239  
412-646-1257

## **Hometown Pharmacy**

Pittsburgh, PA 15205  
412-680-2486

## **Liberty Mutual Insurance**

Pittsburgh, PA 15237  
412-364-1130

## **Life Pittsburgh**

Pittsburgh, PA 15220  
412-388-8050



## EXHIBITOR DIRECTORY

**National Network of  
Libraries of Medicine,  
Middle Atlantic Region**  
Pittsburgh, PA 15261  
412-624-1589

**National Ovarian  
Cancer Coalition**  
Pittsburgh, PA 15217  
412-661-1095

**NDC Real Estate  
Management**  
Pittsburgh, PA 15206  
412-363-6894

**North Side Christian  
Health Center**  
Pittsburgh, PA 15212  
412-482-6827

**PA CareerLink  
Downtown Pittsburgh**  
Pittsburgh, PA 15219  
412-552-7026

**Pennsylvania Department of  
Banking & Securities**  
Harrisburg, PA 17101  
717-783-4247

**Peoples Gas**  
Pittsburgh, PA 15221  
800-764-0111

8.

**Saturday, November 16, 2013**

**FARM TO TABLE PITTSBURGH**

# HARVEST TASTING



**Prepare your menu for a local Thanksgiving!**

- Local Farms
- Restaurants
- Cheese & Meat vendors
- Coffee Roasters
- Wineries & Breweries
- Prepared Foods

**FarmToTablePA.com**





## Pathways To *smartcare*

### *Corporate Wellness Programs*

Your Tailored Plan Could Include:

- Nutrition Education Series
- Fitness Assessments
- Biometric Screenings
- Fruit Bowls
- Farmers Market on Wheels

### *Wellness is Prevention.*



**PathwaysWellnessProgram.com**

Ph: 412-563-8800

1910 Cochran Road

Manor Oak 1, Suite 405

Pittsburgh, PA 15220

Visit our Blog: [PathwaysWellnessProgram.com/Resources](http://PathwaysWellnessProgram.com/Resources)

# EXHIBITOR DIRECTORY

## **Phillips Family Chiropractic**

Butler, PA 16001-7604  
724-287-2837

## **Pittsburgh Public Market**

Pittsburgh, PA 15222  
412-281-4505

## **Pittsburgh Transportation Group**

Pittsburgh, PA 15233  
412-322-8507

## **re:solve Crisis Network**

Pittsburgh, PA 15208  
412-864-5003

## **Renewal by Andersen**

Monroeville, PA 15146  
724-519-4323

## **Riverset Credit Union**

Pittsburgh, PA 15203  
412-488-2525

## **Roxbury Treatment Center**

Shippensburg, PA 17257  
800-648-4673

## **Southwestern Pennsylvania Commission's Commute**

### **Info Program**

Pittsburgh, PA 15219  
412-391-5590x375

## **SPC CommuteInfo Program**

Pittsburgh, PA 15219  
412-391-5590

## **Sunny Days In Home Care**

McMurray, PA 15317  
412-616-2980

## **The Hormone Center**

Pittsburgh, PA 15203  
412-432-7909

## **United HealthCare**

Pittsburgh, PA 15221  
724-816-3577

## **UPMC Centers for Rehab Services**

McKeesport, PA 15132  
412-676-6660

## **Ursuline Senior Services**

Pittsburgh, PA 15217  
412-224-4700

## **Western PA Kidney Support Groups**

Pittsburgh, PA  
412-427-2969

## **Wilson Architecture + Design LLC**

Pittsburgh, PA 15216  
412-418-9779

## **Woodhaven Care Center**

Monroeville, PA 15146  
412-856-4770

## **Woodlands Foundation**

Wexford, PA 15090  
724-935-6533



SAVE THE DATE! NEXT CONFERENCE MARCH 21 & 22, 2014



# LOCAL FOOD -FOR HEALTH-

Innovative healthy eating programs that help your community group or workplace embrace local food.

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- + SCHOOL ASSEMBLY
- + FARMERS MARKET ON WHEELS
- + LOCAL FOOD LUNCH & LEARNS
- + ON-SITE COOKING DEMOS
- + GROUP RATES FOR CONFERENCE

GET MORE INFORMATION

Phone: 412-563-8800 | [www.FarmToTablePA.com](http://www.FarmToTablePA.com)

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