

Housing & HealthCare 2018

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Why Housing + HealthCare?

- Housing is a “determinate” of health
- High public costs associated with homelessness and reliance on inappropriate long-term nursing home stays
- “Supportive Housing” improves access to community based health care services
 - Common areas such as Community Rooms
 - On-site wellness services such as health fairs, immunizations
 - Health care providers
 - Health insurance products
 - Entitlement Programs

Outcomes

- Age in Place
- Improve health status
- Empower to improve health
- Continuing living independently
- Enhance physical, social and mental well-being
- Savings

Onsite Nurse Coordinator

- American HealthCare Group provides Supportive Services and Health & Wellness programming in Affordable Housing communities
- Senior sites include weekly Nurse Coordinator



Supportive Services Program

- #1 priority – Resident Assessments
 - ▶ Questionnaires
 - ▶ Nutrition/Access to food: Food Bank/Food Stamps
 - ▶ Physical Activity
 - ▶ Emotional/Stress
 - ▶ Safety
 - ▶ Financial
 - ▶ Annual assessments: notice change

Programming

- Annual Health Fairs
- Annual Flu/pneumonia clinics
- Insurance Reviews
- Panel of community based health & wellness providers
- Activities
- Education Sessions



Cost Savings for Residents

- Total Cost Savings for Residents representing an average of \$250/month per resident

Benefits/Insurance	\$	842,943.25
Health Care/Services	\$	676,984.00
Home Management	\$	22,927.00
Homemaker	\$	731,832.00
Meals	\$	944,688.00
Other	\$	24,796.00
Transportation	\$	33,652.00
	\$	3,254,025.25

Housing Resources

- <https://www.alleghenycounty.us/Human-Services/About/Contact/Link/Housing.aspx>
- [Housing Search Assistance PAHousingSearch](http://www.pahousingsearch.com/)

<http://www.pahousingsearch.com/>

877-428-8844

Provides a list of affordable rental housing, market-rate rental housing, age-restricted rental housing and accessible rental housing, including pictures, maps, eligibility requirements (if applicable) and information about nearby amenities such as hospitals and schools.

- Housing Authorities
 - Allegheny County
 - City of Pittsburgh
 - McKeesport